



NEWS RELEASE

Chef Terry Rempert Brings the Fresh Flavors and Colors of the La Grange Farmers Market to Life

Locally grown produce paired with freshly made pasta result in a diner's delight

LA GRANGE, IL (May 30, 2017) – The “growing months” are a chef’s dream come true, according to Terry Rempert, owner and executive chef at [La Buona Vita](#). Next month, Chef Terry will be the featured chef in the upcoming La Grange Farmers Market on June 15.

“Fresh, local ingredients are what set great restaurants apart,” said Rempert. “I’m having a great time right now planning my menus around what I know we can get fresh and local throughout the summer season. Every Thursday, I personally visit the farmers market in La Grange and buy up the tomatoes, greens, herbs and other produce that I know will work best in an Italian kitchen.”

Chef Terry will be focusing the restaurant’s menus on lighter Italian fare over the summer months, with salads, vegetable dishes and other specials that reflect his farmers market finds. Diners will find their local growers’ produce in menu items like Market Fresh Vegetable Pasta Primavera, Heirloom Tomato Caprese Salad, Panzenella with Heirloom Tomatoes, Market Fresh Marinara with Fresh Pasta, and Sangria with Market Fresh Fruit.

“Fresh ingredients are a ‘must’ for the way we prepare food at La Buona Vita, because the freshness of our pasta deserves the same level of freshness and flavor in our sauces and pairings,” said chef Terry. “We make our pasta every day with an authentic extruder, which isn’t common in Italian restaurants here in the Chicago area. That super-fresh pasta along with just-picked vegetables is out-of-this-world!”

June Cooking Demonstration

Chef Terry will demonstrate how to make fresh Italian tomato sauce using locally grown tomatoes, basil and garlic at the La Grange Farmers Market on June 15th. Learn more at <http://lgba.com/la-grange-farmers-market/>.

La Buona Vita is widely credited and known with helping fuel a renaissance in La Grange restaurant scene in early 2017 following the grand reopening of their restaurant in mid-January. Since then, customers have been flocking to the restaurant from across the western suburbs. In fact, renowned Chicago restaurant critic Phil Vettel said “all the pastas I tried were terrific” in a recent review in the *Chicago Tribune*.

“Our farmers market is quickly becoming a summer destination for residents and business customers of La Grange and surrounding areas, said Nancy Cummings, executive director of the La Grange Business Association. “We are thrilled that Chef Terry will join us again this year with his culinary skills on June 15.”

About La Buona Vita

La Buona Vita is a family owned and operated business in the heart of La Grange, Illinois. We are happy to host your private events and provide our beautiful scratch made dishes to support all of your catering needs. We are humbled to have received the prestigious OpenTable Diner’s Choice Award 2016 and 2015. Located at 15 W. Calendar Ave. in La Grange, Ill., the restaurant is open for dinner Monday through Saturday. For reservations or more information, call (708) 352-1621 or visit <http://www.labuonavita.com>.

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